

Employee Assistance Program (EAP)
Bldg 1224 at 94 Pershing Drive
Fort Knox KY 40121
Phone: 624-8361

The purpose of the Army Employee Assistance Program (EAP), a job-based program is to:

1. To help employees in identifying and resolving personal problems that may affect their job performance and well-being.
2. To assist management in addressing productivity issues.
3. To promote installation work/life/wellness programs.

BASIC FUNCTIONS: EAP Services to Employees and Supervisors

1. Assessment, problem identification, and short-term counseling/intervention.
2. Referral for treatment and rehabilitation to appropriate community counseling/treatment resources.
3. Follow-up services to aid an employee in achieving an effective readjustment to his or her job after treatment.
4. Training and education for supervisors and employees about alcohol and drugs.

EAP Services to the Installation Organization

1. Training and consultation for supervisors and managers on how and when to make proper use of EAP services for improving employee performance and conduct.
2. Consultation to management about trends in employee needs, work groups, and related concerns dealing with work/life/ wellness support programs.

EAP is FREE and Confidential. Services are available to Civilians, Military Family Members, and Retirees.