



**US Army, Fort Knox Installation**



# Safety Bulletin

FY 17-08

## ATTENTION

### Staying Safe in Cold Weather

## Carbon Monoxide Poisoning The Silent Killer!

**Carbon Monoxide (CO) is a poisonous, invisible, odorless, tasteless gas that kills people every year.** It is produced whenever fuels e.g., gasoline, diesel, kerosene, wood are burned. Families are often poisoned when they use charcoal barbecue grills indoors.

**CO poisoning can be prevented by: adequate ventilation, venting vehicle/ equipment exhaust outside, and good vehicle/equipment PMCS.** Look for exhaust system/manifold leaks on vehicles, generators, and heaters. Ensure tent stove exhaust pipes are unobstructed. Always keep a tent flap or window partially open when fuel heaters are in use.

**Never sleep in vehicles with the engines running.** If the vehicle is running to keep the heater on keep a window down an inch.

**All Soldiers must know the symptoms of CO poisoning: nausea, dizziness, headache, and unconsciousness in severe cases.**

**If CO poisoning is suspected:** move to fresh air immediately, perform CPR if victim is unconscious, call medic, ventilate area before returning, inspect fuel burning source.

**BE ALERT, STAY ALERT, STAY SAFE!**

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